

## Safety Data Sheet

1. Identification				
<b>Product Name:</b>	Muscle Tension and Cold Relief Body Oil			
<b>Botanical/INCI:</b>	n/a			
<b>Synonyms:</b>	n/a			
<b>CAS Number:</b>	n/a			
<b>Product Uses:</b>	Personal care, Aromatherapy			
<b>Manufacturer/Supplier:</b>	Amrita Aromatherapy, Inc.®			
<b>Address:</b>	1900 W. Stone Ave., Suite C Fairfield, IA 52556			
<b>Phone:</b>	1(800)410-9651 or 1(641)472-9136			
<b>Fax:</b>	1(641)472-8672			
<b>Emergency Contact:</b>	Poison Control: 1(800)222-1222			
2. Hazard(s) Identification				
<b>Appearance:</b>	Liquid			
<b>Signal Word:</b>	Warning			
<b>Statement of Hazard:</b>	This product does not belong to any list of substances supposedly hazardous to human or animal health according to EU Regulation 1272/2008 & any further amendments, nor to those having recognized exposition limits. However, Risk and Safety statements have been provided as a courtesy below. Care should be taken when handling hot oil as it may constitute a burn hazard. Spills can constitute a slippage hazard.			
<b>Precautionary Statements:</b>	R10 – Flammable R22 – Harmful if swallowed R65 – Harmful: may cause lung damage if swallowed S62 – If swallowed, do not induce vomiting: seek medical advice immediately and show this container or label where possible.			
<b>Aspiration Toxicity:</b>	n/a			
<b>Skin Irritation:</b>	n/a			
<b>Skin Sensitization:</b>	n/a			
<b>Acute Aquatic Toxicity:</b>	n/a			
<b>Chronic Aquatic Toxicity:</b>	n/a			
<b>Flammable Liquids:</b>	Category 1			
Classification according to EU Directives 67/548/EEC or 1999/45/EC. For the full text of the R-phrases mentioned in this Section, see Section 16.				
Hazards				
<b>Symbol(s) Writing</b>	Pictogram(s)			
No Hazard	No signal word, pictograms, hazard, or safety phrases required (EU Regulation. 1272/2008 CLP)			
3. Composition / Information on Ingredients				
<b>Ingredients List:</b> Hazelnut Oil, Expeller Pressed Almond Oil, Apricot Kernel Oil, Vitamin E, Organic Lemongrass Oil, Organic Eucalyptus Oil, Organic Wintergreen Oil				
Component	CAS Number	Weight %	Classification 1272 / 2008	REACH Number
Hazelnut Oil	185630-72-2	<=30%	n/a	n/a

Almond Oil, Expeller Pressed	8007-69-0	<=30%	n/a	616-913-8
Apricot Kernel Oil	72869-69-3	<=30%	n/a	615-861-3
Vitamin E	10191-41-0	<=2%	n/a	233-466-0
Methyl Salicylate	119-36-8	<=0.75%	ATox4, SI2, EI2	204-317-7
d-Limonene	5989-27-5	<=0.60%	FL3, AspT1, SI2, SS1, AA1, AC1	227-813-5
Geranial	5392-40-5	<=0.20%	SI2, SS1	205-476-5
Neral	106-26-3	<=0.15%	SI2, SS1B, EI2	203-379-2
Alpha Terpineol	98-55-5	<=0.064%	SI2, EI2	202-680-6
Geraniol	106-24-1	<=0.034%	SS1	203-377-1
Terpinyl Acetate	80-26-2	<=0.024%	AC2	201-265-7
Alpha Pinene	80-56-8	<=0.024%	FL3, AspT1, SI2, SS1, ED1, EI2, AA1, AC1	201-291-9
Geranyl Acetate	105-87-3	<=0.014%	SI2, SS1, AA2, AC3	203-341-5
Myrcene	123-35-3	<=0.008%	FL3, AspT1, SI2, EI2, AC3	204-622-5
Terpinen-4-ol	2438-10-0	<=0.008%	ATox4, SI2, EI2, STOT SE 3	628-987-9
Methyl Heptenone	110-93-0	<=0.004%	n/a	203-816-7

**(See Section 8 for Exposure Limits)**

<b>4. First Aid Measures</b>	
<b>General Advice:</b>	Seek medical attention in case of any discomfort. Observe risk of aspiration if vomiting occurs. May cause lung damage if swallowed.
<b>Eye Contact:</b>	Remove contact lenses. Flush repeatedly with water for 15 minutes; contact physician
<b>Skin Contact:</b>	Remove contaminated clothing, wash with water and soap. Contact physician if redness or irritation develop.
<b>Ingestion:</b>	Do NOT induce vomiting. Rinse out mouth. Do NOT give water or milk unless directed by medical professional. Contact POISON CENTER or doctor immediately.
<b>Inhalation:</b>	Remove to fresh air and contact a physician if symptoms such as wheezing, coughing, shortness of breath, or burning in the mouth, throat, or chest occur.
<b>5. Fire Fighting Measures</b>	
<b>Extinguishing Media:</b>	SUITABLE: Foam, Dry chemical, Carbon Dioxide, B class Extinguishers NON-SUITABLE: Water Jet
<b>Hazardous Combustion Products:</b>	Carbon Dioxide and Carbon Monoxide
<b>Fire Fighting Procedures:</b>	When possible, prevent environmental run-off. Use self-contained breathing apparatus and protective clothing.
<b>Fire / Explosion Hazards:</b>	Carbon monoxide, carbon dioxide, acrid fumes, smoke, or flammable vapor may be released during oil fires. Flammable liquid and vapor. Vapors are heavier than air and may travel along surfaces to remote ignition sources and flash back.
<b>6. Accidental Release Measures</b>	

<b>Health and Safety Precautions:</b>	Personnel involved in cleanup should wear appropriate personal protective equipment (see Section 8). Minimize exposure. Eliminate all sources of ignition and ventilate area using explosion-proof equipment.
<b>Measures for Cleaning and Collecting:</b>	Absorb spill with non-combustible matter (such as detergent--do not use solvents) and transfer to containers. Clean spill area thoroughly.
<b>Measures for Environmental Protections:</b>	Do NOT allow to enter the sewer or outdoor environment. Place waste in an appropriately labeled, sealed container for disposal. Care should be taken to avoid environmental release.
<b>Additional Considerations for Large Spills:</b>	Contain and control the leaks or spills with non-combustible absorbent materials such as sand, earth, vermiculite, or diatomaceous earth in drums for waste disposal. Avoid allowing product to reach sewage system or any waterways. Inform respective authorities in case of seepage into sewage system or waterways.
<b>7. Handling and Storage</b>	
<b>General Handling:</b>	Avoid contact with eyes, skin, mucous and clothing. Wear required PPE. Observe good hygiene guidelines and general safety practices. Do NOT eat, drink, or smoke when handling. Ensure workspace is properly ventilated. Wash hands after handling.
<b>Storage Conditions:</b>	Store in tightly sealed glass container, away from heat, light, and other sources of ignition; in a well-ventilated, dry and cool location. Keep away from strong oxidizing agents.
<b>8. Exposure Controls / Personal Protection</b>	
<b>Exposure Limit:</b>	This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region-specific regulatory bodies.
<b>Engineering Controls:</b>	Extraction or global ventilation. Equipment should be grounded. Provide eyewash station.
<b>Environmental Exposure Controls:</b>	Avoid discharging into sewer or environment. Do NOT eat, drink, or smoke near or after handling product.
<b>Personal Protective Equipment (PPE):</b>	Work clothing worn by personnel shall be laundered regularly. After contact with the product, all parts of the body that have been soiled must be washed
<b>Hands:</b>	Wear suitable protective gloves (resistant to chemical agents in accordance with standard EN374) in the event of prolonged or repeated skin contact.
<b>Eyes:</b>	Avoid contact with eyes. Use eye protectors (safety goggles in accordance with standard EN166) designed to protect against liquid splashes.
<b>Skin:</b>	Use protective clothing as necessary, such as a lab coat.
<b>Respiratory Protection:</b>	Assure a well-ventilated work area – Use general face covering
<b>9. Physical and Chemical Properties</b>	
<b>Physical State:</b>	Liquid
<b>Liquid Color:</b>	Deep Yellow
<b>Odor:</b>	Medicinal, Spicy
<b>Molecular Weight:</b>	No information
<b>Water Solubility:</b>	Not soluble
<b>Boiling Point (°C):</b>	No information
<b>Vapor Pressure (kPa):</b>	No information
<b>Vapor Density (g/mL):</b>	No information
<b>Flash Point – Liquid (°C):</b>	110°C

<b>Upper Explosive Limits:</b>	No information
<b>Lower Explosive Limits:</b>	No information
<b>Polymerization:</b>	Will not occur
<b>Specific Gravity 25°C:</b>	No information
<b>Specific Gravity 20°C:</b>	0.860 – 0.930
<b>Refractive Index 20°C:</b>	n/a
<b>10. Stability and Reactivity</b>	
<b>Chemical Stability:</b>	Stable under normal conditions of use.
<b>Conditions to Avoid:</b>	Keep away from heat, spark, flames, and all other sources of ignition
<b>Incompatible Materials:</b>	Strong oxidizing agents and strong inorganic acids
<b>11. Toxicological Information</b>	
<b>General Information:</b>	Product does not present an acute toxicity hazard based on known or supplied information.
<b>Acute Toxicity:</b>	Not Determined
<b>Irritation / Sensitization:</b>	Not Determined
<b>Skin Absorption:</b>	No adverse effects with normal skin. However, potentially harmful amounts of material may be absorbed across markedly abraded skin when contact is sustained.
<b>Carcinogen Status:</b>	Carcinogenicity of the mixture has not been determined. Not listed as carcinogens by IARC, US OSHA or NTP.
<b>12. Ecological Information</b>	
<b>Environmental Overview:</b>	The environmental characteristics of this mixture have not been fully evaluated. Releases to the environment should be avoided.
<b>Eco-toxicity Effects:</b>	Not Determined
<b>Persistence and Degradability:</b>	Biodegradation is expected
<b>Bio-accumulative Potential:</b>	Bioaccumulation is unlikely
<b>Mobility in Soil:</b>	Not Determined
<b>Other Adverse Effects:</b>	Avoid exposure to marine environments and waterways
<b>13. Disposal Considerations</b>	
<b>Waste Treatment Methods:</b>	Releases to the environment should be avoided. Review and implement appropriate technical and procedural wastewater and waste disposal measures to prevent occupational exposure or environmental releases. Waste from a spill: Contain the source of spill if it is safe to do so. Collect spill with absorbent material. Place waste in an appropriately labeled, sealed container for disposal. Clean spill area thoroughly. Care should be taken to avoid environmental release.
<b>14. Transport Information</b>	
<i>The following refers to all modes of transportation unless specified below. This material is regulated for transport under DOT, ADR, IMDG, and IATA regulations.</i>	
<b>UN Number:</b>	None
<b>UN Proper Shipping Name:</b>	Not regulated - Not Dangerous Goods
<b>Transport Hazard Class(es):</b>	Not regulated - Not Dangerous Goods
<b>Packing Group:</b>	Not regulated - Not Dangerous Goods
<b>Flash Point (°C):</b>	110°C
<b>Marine Pollutant:</b>	Not regulated - Not Dangerous Goods
<b>15. Regulatory Information</b>	
<b>FDA Regulation:</b>	FDA PART 182 -- SUBSTANCES GENERALLY RECOGNIZED AS SAFE

	Subpart A--General Provisions, Sec. 182.20 Essential oils, oleoresins (solvent-free), and natural extractives (including distillates).			
<b>EU Symbol:</b>	No signal word, pictograms, hazard or safety phrases required (EU Regulation. 1272/2008 CLP)			
<b>EU Indication of Danger:</b>	No signal word, pictograms, hazard or safety phrases required (EU Regulation. 1272/2008 CLP)			
<b>EU Risk Phrases:</b>	No signal word, pictograms, hazard or safety phrases required (EU Regulation. 1272/2008 CLP)			
<b>EU Safety Phrases:</b>	No signal word, pictograms, hazard or safety phrases required (EU Regulation. 1272/2008 CLP)			
<b>OSHA Label:</b>	Not regulated - Not Dangerous Goods			
<b>Identifying Markings in Accordance with EC Directives / GefStoffV:</b>	Not regulated - Not Dangerous Goods			
<b>California Proposition 65:</b>	Not regulated - Not Dangerous Goods			
<b>United States TSCA:</b>	TSCA 8(b) inventory: Hazelnut, Apricot, and Almond Oils, refined			
<b>Australia (AICS):</b>	Listed - Not Dangerous Goods			
<b>EU EINECS/ELINCS List:</b>	273-313-5 Not classified according to EEC directives 67/548/EEC and 88/379/EEC			
<b>16. Other Information</b>				
<b>Section 2 Expanded Precautionary Statements</b>	n/a			
<b>Section 3 Expanded Classification 1272 / 2008</b>	Methyl Salicylate – Acute Toxicity 4, Skin Irritant 2, Eye Irritant 2 d-Limonene – Flammable Liquid 3, Aspiration Toxicity 1, Skin Sensitizer 1, Aquatic Acute 1, Aquatic Chronic 1 Geranial (Citral A) – Skin Irritant 2, Skin Sensitizer 1 Neral (Citral B) – Skin Irritant, Skin Sensitizer 1B, Eye irritant 2 Alpha Terpineol – Skin Irritant 2, Eye Irritant 2 Geraniol – Skin Sensitizer 1 Terpinyl Acetate – Aquatic Chronic 2 Alpha Pinene – Flammable Liquid 3, Aspiration Toxicity 1, Skin Irritant 2, Skin Sensitizer 1, Eye Damage 1, Eye Irritant 2, Aquatic Acute 1, Aquatic Chronic 1 Myrcene – Flammable Liquid 3, Aspiration Toxicity 1, Skin Irritant 2, Eye Irritant 2, Aquatic Chronic 3 Terpinen-4-ol – Acute Toxicity 4, Skin Irritant 2, Eye irritant 2, STOT SE 3 (Specific Target Organ Toxicity – Single Exposure)			
<b>Disclaimer:</b> The information contained herein is accurate to the best of our knowledge. Amrita Aromatherapy, Inc.® makes no warranty of any kind, express or implied, concerning the safe use of this material in your process or in combination with other substances.				
<b>Revision Tracking</b>				
Revision	Date	Reason	Author	Reviewed by
V1.0	3/29/2022	Creation	SS	AG
V1.1	9/27/2022	Edit	AG	SS