





Safety Data Sheet

1. Identification	
Product Name:	Quit Craving Organic Synergy
Botanical/INCI:	n/a
Synonyms:	n/a
CAS Number:	n/a
Product Uses:	Personal care, Aromatherapy
Manufacturer/Supplier:	Amrita Aromatherapy, Inc.®
Address:	1900 W. Stone Ave., Suite C Fairfield, IA 52556
Phone:	1(800)410-9651 or 1(641)472-9136
Fax:	1(641)472-8672
Emergency Contact:	Poison Control: 1(800)222-1222
2. Hazard(s) Identification	
Appearance:	Liquid
Signal Word:	Danger
Statement of Hazard:	H304: May be fatal if swallowed and enters airways. H315: Causes skin irritation H317: May cause an allergic skin reaction H319: Causes serious eye irritation H410: Very toxic to aquatic life with long lasting effects.
Precautionary Statements:	P102: Keep out of reach of children. P210: Keep away from heat/sparks/hot surfaces/open flames and other ignition sources. No smoking. P243: Take precautionary measures against static discharge. P264: Wash hands thoroughly after handling P270: Do not eat, drink, or smoke when using this product. P272: Contaminated work clothing should not be allowed out of the workplace. P273: Avoid release to the environment. P280: Wear protective gloves/protective clothing/eye protection/face protection P301+P310+P331: IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician. Do NOT induce vomiting. P302+P352: IF ON SKIN: Wash with plenty of soap and water. P303+P361+P353: IF ON SKIN (or hair): Remove/Take off immediately all contaminated clothing. Rinse skin with water/shower. P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. P333+P313: If skin irritation or rash occurs: Get medical advice/attention. P362+P364: Take off contaminated clothing and wash it before reuse. P370+P378: In case of fire: Use Foam, Dry chemical, Carbon Dioxide, B class Extinguishers to extinguish. P391: Collect spillage. P405: Store locked up. P501: Dispose of contents/container in accordance with

	local/regional/national/international regulations.
Aspiration Toxicity:	Category 1
Skin Irritation:	Category 2
Skin Sensitization:	Category 1
Acute Aquatic Toxicity:	Category 1
Chronic Aquatic Toxicity:	Category 1
Flammable Liquids:	Category 3
Classification according to EU Directives 67/548/EEC or 1999/45/EC. For the full text of the R-phrases mentioned in this Section, see Section 16.	

Hazards

Symbol(s) Writing	Pictogram(s)
<ul style="list-style-type: none"> Flammable liquid 	
<ul style="list-style-type: none"> Skin irritant Skin sensitizer 	
<ul style="list-style-type: none"> Acute hazard to the aquatic environment Chronic hazard to the aquatic environment 	
<ul style="list-style-type: none"> Aspiration toxicant 	

3. Composition / Information on Ingredients

Ingredients List: Eco. Ethical Clove Bud Essential Oil, Organic Distilled Lime Essential Oil, Organic Bitter Orange Essential Oil, Organic Fair Trade Spearmint Essential Oil, Organic Helichrysum Italicum Essential Oil, Organic Black Pepper Essential Oil, Organic Pink Grapefruit Essential Oil

Component	CAS Number	Weight %	Classification 1272 / 2008	REACH Number
Organic Clove Bud	84961-50-2	*Trade secret	AspT1, SI2, SS1	284-638-7
Organic Distilled Lime	8008-26-2	*Trade secret	AspT1, SI2, SS1, AC2, FL3	293-010-3
Organic Bitter Orange	72968-50-4	*Trade secret	AspT1, SI2, SS1, AC1, FL3	642-978-7
Fair Trade Spearmint	84696-51-5	*Trade secret	AspT1, ATox4, SI2, SS1, EI2, AA1, AC1, FL3	283-656-2
Organic Helichrysum Italicum	90045-56-0	*Trade secret	AspT1, SS1, AC1, FL3	289-918-2

Organic Black Pepper	84929-41-9	*Trade secret	AspT1, SI2, SS1, AA1, AC1, FL3	284-524-7
Organic Pink Grapefruit	8016-20-4	*Trade secret	AspT1, SI2, SS1, AA1, AC1, FL3	600-007-4

(See Section 8 for Exposure Limits)

4. First Aid Measures

General Advice:	Seek medical attention in case of any discomfort. Observe risk of aspiration if vomiting occurs. May cause lung damage if swallowed.
Eye Contact:	Remove contact lenses. Flush repeatedly with water for 15 minutes; contact physician
Skin Contact:	Remove contaminated clothing and wash the skin thoroughly with water and soap. Watch out for any remaining product between skin and clothing, watches, shoes, etc. In the event of an allergic reaction, seek medical attention. If the contaminated area is widespread, consult a doctor.
Ingestion:	Do NOT induce vomiting. Rinse out mouth. Do NOT give water or milk unless directed by medical professional. Contact POISON CENTER or doctor immediately.
Inhalation:	Remove to fresh air and contact a physician if symptoms such as wheezing, coughing, shortness of breath, or burning in the mouth, throat, or chest occur.

5. Fire Fighting Measures

Extinguishing Media:	SUITABLE: Foam, Dry chemical, Carbon Dioxide, B class Extinguishers NON-SUITABLE: Water Jet
Hazardous Combustion Products:	Carbon Dioxide and Carbon Monoxide
Fire Fighting Procedures:	When possible, prevent environmental run-off. Use self-contained breathing apparatus and protective clothing.
Fire / Explosion Hazards:	Carbon monoxide, carbon dioxide, acrid fumes, smoke, or flammable vapor may be released during oil fires. Flammable liquid and vapor. Vapors are heavier than air and may travel along surfaces to remote ignition sources and flash back.


6. Accidental Release Measures

Health and Safety Precautions:	Personnel involved in cleanup should wear appropriate personal protective equipment (see Section 8). Minimize exposure. Eliminate all sources of ignition and ventilate area using explosion-proof equipment.
Measures for Cleaning and Collecting:	Absorb spill with non-combustible matter (such as detergent--do not use solvents) and transfer to containers. Clean spill area thoroughly.
Measures for Environmental Protections:	Do NOT allow to enter the sewer or outdoor environment. Place waste in an appropriately labeled, sealed container for disposal. Care should be taken to avoid environmental release.
Additional Considerations for Large Spills:	Contain and control the leaks or spills with non-combustible absorbent materials such as sand, earth, vermiculite, or diatomaceous earth in drums for waste disposal. Avoid allowing product to reach sewage system or any waterways. Inform respective authorities in case of seepage into sewage system or waterways.

7. Handling and Storage

General Handling:	Avoid contact with eyes, skin, mucous and clothing. Wear required PPE. Observe good hygiene guidelines and general safety practices. Do NOT eat, drink, or smoke when handling. Ensure workspace is properly
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	ventilated. Wash hands after handling.
Storage Conditions:	Store in tightly sealed glass container, away from heat, light, and other sources of ignition; in a well-ventilated, dry, and cool location. Keep away from strong oxidizing agents.
8. Exposure Controls / Personal Protection	
Exposure Limit:	This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region-specific regulatory bodies.
Engineering Controls:	Extraction or global ventilation. Equipment should be grounded. Provide eyewash station.
Environmental Exposure Controls:	Avoid discharging into sewer or environment. Do NOT eat, drink, or smoke near or after handling product.
Personal Protective Equipment (PPE):	Work clothing worn by personnel shall be laundered regularly. After contact with the product, all parts of the body that have been soiled must be washed
Hands:	Wear suitable protective gloves (resistant to chemical agents in accordance with standard EN374) in the event of prolonged or repeated skin contact.
Eyes:	Avoid contact with eyes. Use eye protectors (safety goggles in accordance with standard EN166) designed to protect against liquid splashes.
Skin:	Use protective clothing as necessary, such as a lab coat.
Respiratory Protection:	Assure a well-ventilated work area – Use general face covering
9. Physical and Chemical Properties	
Physical State:	Liquid
Liquid Color:	Characteristic
Odor:	Characteristic
Molecular Weight:	No information
Water Solubility:	Not soluble
Boiling Point (°C):	No information
Vapor Pressure (kPa):	No information
Vapor Density (g/mL):	No information
Flash Point – Liquid (°C):	47°C
Upper Explosive Limits:	No information
Lower Explosive Limits:	No information
Polymerization:	Will not occur
Specific Gravity 25°C:	No information
Specific Gravity 20°C:	0.88
Refractive Index 20°C:	No information
10. Stability and Reactivity	
Chemical Stability:	Stable under normal conditions of use.
Conditions to Avoid:	Keep away from heat, spark, flames, and all other sources of ignition
Incompatible Materials:	Strong oxidizing agents and strong inorganic acids
11. Toxicological Information	
General Information:	May be fatal if swallowed and enters airways. Contains a known photosensitizer: Keep OFF of skin. In case of contact, do NOT allow the affected areas near sunlight.
Acute Toxicity:	Not Determined
Irritation / Sensitization:	May cause an allergic skin reaction.

Skin:	Contains a known photosensitizer: May cause irreversible damage to the skin; namely inflammation of the skin or the formation of erythema and eschar or edema following exposure of up to four hours. May cause an allergic reaction by skin contact.
Carcinogen Status:	Carcinogenicity of the mixture has not been determined. Not listed as carcinogens by IARC, US OSHA or NTP.
12. Ecological Information	
Environmental Overview:	The environmental characteristics of this mixture have not been fully evaluated. Releases to the environment should be avoided.
Eco-toxicity Effects:	Very toxic to aquatic organisms; may cause long-term adverse effects in the aquatic environment.
Persistence and Degradability:	Biodegradation is expected
Bio-accumulative Potential:	Bioaccumulation is unlikely
Mobility in Soil:	Not Determined
Other Adverse Effects:	Avoid exposure to marine environments and waterways
13. Disposal Considerations	
Waste Treatment Methods:	Releases to the environment should be avoided. Review and implement appropriate technical and procedural wastewater and waste disposal measures to prevent occupational exposure or environmental releases. Waste from a spill: Contain the source of spill if it is safe to do so. Collect spill with absorbent material. Place waste in an appropriately labeled, sealed container for disposal. Clean spill area thoroughly. Care should be taken to avoid environmental release.
14. Transport Information	
<i>The following refers to all modes of transportation unless specified below. This material is regulated for transport under DOT, ADR, IMDG, and IATA regulations.</i>	
UN Number:	1169
UN Proper Shipping Name:	Extracts, aromatic, liquid
Transport Hazard Class(es):	Flammable Class 3
Packing Group:	III
Flash Point (°C):	47°C
Marine Pollutant:	Yes
15. Regulatory Information	
EU Symbol:	
EU Indication of Danger:	F – Flammable Xn - Harmful Xi – Irritant N – Dangerous for the environment
EU Risk Phrases:	R10: Flammable R28: Very toxic if swallowed. R36/38: Irritating to eyes and skin. R43: May cause sensitization by skin contact. R50/53: Very toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment.
EU Safety Phrases:	S1/2: Keep locked up and out of reach of children.

	<p>S16: Keep away from sources of ignition – No smoking.</p> <p>S20/21: When using do not eat, drink, or smoke.</p> <p>S26: In case of contact with eyes, rinse immediately with plenty of water and seek medical advice.</p> <p>S28: After contact with skin, wash immediately with plenty of soap and water.</p> <p>S36/37/39: Wear suitable protective clothing, gloves, and eye/face protection.</p> <p>S45: In case of accident or if you feel unwell seek medical advice immediately (show the label where possible)</p> <p>S56: Dispose of this material and its container at hazardous or special waste collection point.</p> <p>S61: Avoid release to the environment. Refer to special instructions/safety data sheet</p>			
OSHA Label:	Danger			
Identifying Markings in Accordance with EC Directives / GefStoffV:	No duty to mark/Exempt			
California Proposition 65:	Not listed			
United States TSCA:	Complies			
Australia (AICS):	Not present			
EU EINECS/ELINCS List:	Complies			
16. Other Information				
Section 2 Expanded Precautionary Statements	<p>P240: Ground/bond container and receiving equipment.</p> <p>P241: Use explosion-proof electrical/ventilating/lighting equipment.</p> <p>P242: Use only non-sparking tools.</p>			
Section 3 Expanded Classification 1272 / 2008	<p>Organic Clove Bud: Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1</p> <p>Organic Distilled Lime: Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Chronic 2, Flammable Liquid 3</p> <p>Organic Bitter Orange: Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Chronic 1, Flammable Liquid 3</p> <p>Fair Trade Spearmint: Aspiration Toxicant 1, Acute Toxicant 4, Skin Irritant 2, Skin Sensitizer 1, Eye Irritant 2, Aquatic Acute 1, Aquatic Chronic 1, Flammable Liquid 3</p> <p>Organic Helichrysum Italicum: Aspiration Toxicant 1, Skin Sensitizer 1, Aquatic Chronic 1, Flammable Liquid 3</p> <p>Organic Black Pepper: Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Acute 1, Aquatic Chronic 1, Flammable Liquid 3</p> <p>Organic Pink Grapefruit: Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Acute 1, Aquatic Chronic 1, Flammable Liquid 3</p>			
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Revision Tracking				
Revision	Date	Reason	Author	Reviewed by
V1.0	12/13/2022	Creation	AG	SS