





## Safety Data Sheet

1. Identification	
<b>Product Name:</b>	Courage & Confidence Organic Synergy
<b>Botanical/INCI:</b>	n/a
<b>Synonyms:</b>	n/a
<b>CAS Number:</b>	n/a
<b>Product Uses:</b>	Personal care, Aromatherapy
<b>Manufacturer/Supplier:</b>	Amrita Aromatherapy, Inc.®
<b>Address:</b>	1900 W. Stone Ave., Suite C Fairfield, IA 52556
<b>Phone:</b>	1(800)410-9651 or 1(641)472-9136
<b>Fax:</b>	1(641)472-8672
<b>Emergency Contact:</b>	Poison Control: 1(800)222-1222
2. Hazard(s) Identification	
<b>Appearance:</b>	Liquid
<b>Signal Word:</b>	Danger
<b>Statement of Hazard:</b>	H226: Flammable liquid and vapor H304: May be fatal if swallowed and enters airways. H315: Causes skin irritation H317: May cause an allergic skin reaction. H410: Very toxic to aquatic life with long lasting effects.
<b>Precautionary Statements:</b>	P102: Keep out of reach of children. P210: Keep away from heat/sparks/open flames/hot surfaces - No smoking. P233: Keep container tightly closed P243: Take precautionary measures against static discharge. P261: Avoid breathing dust/fume/gas/mist/vapours/spray. P264: Wash hands thoroughly after handling P273: Avoid release to the environment. P280: Wear eye protection/face protection P301+P310+P331: IF SWALLOWED: Immediately call a POISON CENTER or doctor/physician. Do NOT induce vomiting. P302+P352 IF ON SKIN: Wash with plenty of soap and water. P333+P313 If skin irritation or rash occurs: Get medical advice/attention. P370+P378: In case of fire: Use Foam, Dry chemical, Carbon Dioxide, B class Extinguishers to extinguish. P391 Collect spillage P403+P235 Store in a well-ventilated place. Keep cool. P405 Store locked up. P501 Dispose of contents/container in accordance with local/regional/national/international regulations.
<b>Aspiration Toxicity:</b>	Category 1
<b>Skin Irritation:</b>	Category 2
<b>Skin Sensitization:</b>	Category 1
<b>Acute Aquatic Toxicity:</b>	Category 1
<b>Chronic Aquatic Toxicity:</b>	Category 1
<b>Flammable Liquids:</b>	Category 3

Classification according to EU Directives 67/548/EEC or 1999/45/EC. For the full text of the R-phrases mentioned in this Section, see Section 16.

Hazards	
Symbol(s) Writing	Pictogram(s)
<ul style="list-style-type: none"> <li>• Flammable liquid</li> </ul>	
<ul style="list-style-type: none"> <li>• Skin irritant</li> <li>• Skin sensitizer</li> </ul>	
<ul style="list-style-type: none"> <li>• Acute hazard to the aquatic environment</li> <li>• Chronic hazard to the aquatic environment</li> </ul>	
<ul style="list-style-type: none"> <li>• Aspiration hazard</li> </ul>	

### 3. Composition / Information on Ingredients

**Ingredients List:** Organic Atlas Cedar Essential Oil, Organic Green Spikenard Essential Oil, Organic Balsam Fir Essential Oil

Component	CAS Number	Weight %	Classification 1272 / 2008	REACH Number
Organic Atlas Cedar	8023-85-6	<i>*Trade secret</i>	AspT1, SS1, AC2	617-018-5
Organic Green Spikenard	8022-22-8	<i>*Trade secret</i>	AspT1, SI2, SS1, AA1, AC1, FL3	690-700-8
Organic Balsam Fir	8007-47-4	<i>*Trade secret</i>	AspT1, SI2, SS1, AA1, AC1, FL3	232-362-2


*(See Section 8 for Exposure Limits)*

### 4. First Aid Measures

<b>General Advice:</b>	Seek medical attention in case of any discomfort. Observe risk of aspiration if vomiting occurs. May cause lung damage if swallowed.
<b>Eye Contact:</b>	Remove contact lenses. Flush repeatedly with water for 15 minutes; contact physician
<b>Skin Contact:</b>	Remove contaminated clothing, wash with water and soap. Contact physician if redness or irritation develop.
<b>Ingestion:</b>	Do NOT induce vomiting. Rinse out mouth. Do NOT give water or milk unless directed by medical professional. Contact POISON CENTER or doctor immediately.
<b>Inhalation:</b>	Remove to fresh air and contact a physician if symptoms such as wheezing, coughing, shortness of breath, or burning in the mouth, throat, or

	chest occur.
<b>5. Fire Fighting Measures</b>	
<b>Extinguishing Media:</b>	SUITABLE: Foam, Dry chemical, Carbon Dioxide, B class Extinguishers NON-SUITABLE: Water Jet
<b>Hazardous Combustion Products:</b>	Carbon Dioxide and Carbon Monoxide
<b>Fire Fighting Procedures:</b>	When possible, prevent environmental run-off. Use self-contained breathing apparatus and protective clothing.
<b>Fire / Explosion Hazards:</b>	Carbon monoxide, carbon dioxide, acrid fumes, smoke, or flammable vapor may be released during oil fires. Flammable liquid and vapor. Vapors are heavier than air and may travel along surfaces to remote ignition sources and flash back.
<b>6. Accidental Release Measures</b>	
<b>Health and Safety Precautions:</b>	Personnel involved in cleanup should wear appropriate personal protective equipment (see Section 8). Minimize exposure. Eliminate all sources of ignition and ventilate area using explosion-proof equipment.
<b>Measures for Cleaning and Collecting:</b>	Absorb spill with non-combustible matter (such as detergent--do not use solvents) and transfer to containers. Clean spill area thoroughly.
<b>Measures for Environmental Protections:</b>	Do NOT allow to enter the sewer or outdoor environment. Place waste in an appropriately labeled, sealed container for disposal. Care should be taken to avoid environmental release.
<b>Additional Considerations for Large Spills:</b>	Contain and control the leaks or spills with non-combustible absorbent materials such as sand, earth, vermiculite, or diatomaceous earth in drums for waste disposal. Avoid allowing product to reach sewage system or any waterways. Inform respective authorities in case of seepage into sewage system or waterways.
<b>7. Handling and Storage</b>	
<b>General Handling:</b>	Avoid contact with eyes, skin, mucous and clothing. Wear required PPE. Observe good hygiene guidelines and general safety practices. Do NOT eat, drink, or smoke when handling. Ensure workspace is properly ventilated. Wash hands after handling.
<b>Storage Conditions:</b>	Store in tightly sealed glass container, away from heat, light, and other sources of ignition; in a well-ventilated, dry, and cool location. Keep away from strong oxidizing agents.
<b>8. Exposure Controls / Personal Protection</b>	
<b>Exposure Limit:</b>	This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region-specific regulatory bodies.
<b>Engineering Controls:</b>	Extraction or global ventilation. Equipment should be grounded. Provide eyewash station.
<b>Environmental Exposure Controls:</b>	Avoid discharging into sewer or environment. Do NOT eat, drink, or smoke near or after handling product.
<b>Personal Protective Equipment (PPE):</b>	Work clothing worn by personnel shall be laundered regularly. After contact with the product, all parts of the body that have been soiled must be washed
<b>Hands:</b>	Wear suitable protective gloves (resistant to chemical agents in accordance with standard EN374) in the event of prolonged or repeated skin contact.
<b>Eyes:</b>	Avoid contact with eyes. Use eye protectors (safety goggles in accordance with standard EN166) designed to protect against liquid splashes.
<b>Skin:</b>	Use protective clothing as necessary, such as a lab coat.

<b>Respiratory Protection:</b>	Assure a well-ventilated work area – Use general face covering
<b>9. Physical and Chemical Properties</b>	
<b>Physical State:</b>	Liquid
<b>Liquid Color:</b>	Characteristic
<b>Odor:</b>	Characteristic
<b>Molecular Weight:</b>	No information
<b>Water Solubility:</b>	Not soluble
<b>Boiling Point (°C):</b>	No information
<b>Vapor Pressure (kPa):</b>	No information
<b>Vapor Density (g/mL):</b>	No information
<b>Flash Point – Liquid (°C):</b>	90°C
<b>Upper Explosive Limits:</b>	No information
<b>Lower Explosive Limits:</b>	No information
<b>Polymerization:</b>	Will not occur
<b>Specific Gravity 25°C:</b>	No information
<b>Specific Gravity 20°C:</b>	0.906 – 0.954
<b>Refractive Index 20°C:</b>	No information
<b>10. Stability and Reactivity</b>	
<b>Chemical Stability:</b>	Stable under normal conditions of use.
<b>Conditions to Avoid:</b>	Keep away from heat, spark, flames, and all other sources of ignition
<b>Incompatible Materials:</b>	Strong oxidizing agents and strong inorganic acids
<b>11. Toxicological Information</b>	
<b>General Information:</b>	May be fatal if swallowed and enters airways.
<b>Acute Toxicity:</b>	Not Determined
<b>Irritation / Sensitization:</b>	Not Determined
<b>Skin Absorption:</b>	No adverse effects with normal skin. However, potentially harmful amounts of material may be absorbed across markedly abraded skin when contact is sustained.
<b>Carcinogen Status:</b>	Carcinogenicity of the mixture has not been determined. Not listed as carcinogens by IARC, US OSHA or NTP.
<b>12. Ecological Information</b>	
<b>Environmental Overview:</b>	The environmental characteristics of this mixture have not been fully evaluated. Releases to the environment should be avoided.
<b>Eco-toxicity Effects:</b>	Very toxic to aquatic organisms; may cause long-term adverse effects in the aquatic environment.
<b>Persistence and Degradability:</b>	Biodegradation is expected
<b>Bio-accumulative Potential:</b>	Bioaccumulation is unlikely
<b>Mobility in Soil:</b>	Not Determined
<b>Other Adverse Effects:</b>	Avoid exposure to marine environments and waterways
<b>13. Disposal Considerations</b>	
<b>Waste Treatment Methods:</b>	Releases to the environment should be avoided. Review and implement appropriate technical and procedural wastewater and waste disposal measures to prevent occupational exposure or environmental releases. Waste from a spill: Contain the source of spill if it is safe to do so. Collect spill with absorbent material. Place waste in an appropriately labeled,

	sealed container for disposal. Clean spill area thoroughly. Care should be taken to avoid environmental release.
<b>14. Transport Information</b>	
<i>The following refers to all modes of transportation unless specified below. This material is regulated for transport under DOT, ADR, IMDG, and IATA regulations.</i>	
<b>UN Number:</b>	1169
<b>UN Proper Shipping Name:</b>	Extracts, aromatic, liquid
<b>Transport Hazard Class(es):</b>	Flammable Class 3
<b>Packing Group:</b>	III
<b>Flash Point (°C):</b>	90°C
<b>Marine Pollutant:</b>	Yes
<b>15. Regulatory Information</b>	
<b>EU Symbol:</b>	
<b>EU Indication of Danger:</b>	F – Flammable Xn - Harmful Xi – Irritant N – Dangerous for the environment
<b>EU Risk Phrases:</b>	R10: Flammable R28: Very toxic if swallowed. R38: Irritating to skin. R43: May cause sensitization by skin contact. R50/53: Very toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment.
<b>EU Safety Phrases:</b>	S1/2: Keep locked up and out of reach of children. S3/7/9: Keep container tightly closed in a cool, well-ventilated place. S16: Keep away from sources of ignition – No smoking. S23: Do not breathe gas/fumes/vapour/spray. S24/25: Avoid contact with skin and eyes. S28: After contact with skin, wash immediately with plenty of water & soap. S29/56: Do not empty into drains, dispose of this material and its container at hazardous or special waste collection point. S33: Take precautionary measures against static discharges. S39: Wear eye/face protection. S43: In case of fire use Foam, Dry chemical, Carbon Dioxide, B class Extinguishers to extinguish. S62: If swallowed, do not induce vomiting: seek medical advice immediately and show this container or label where possible.
<b>OSHA Label:</b>	Danger
<b>Identifying Markings in Accordance with EC Directives / GefStoffV:</b>	No duty to mark/Exempt
<b>California Proposition 65:</b>	Not listed
<b>United States TSCA:</b>	Complies
<b>Australia (AICS):</b>	Not present
<b>EU EINECS/ELINCS List:</b>	Complies
<b>16. Other Information</b>	

<b>Section 2 Expanded Precautionary Statements</b>	P240: Ground/bond container and receiving equipment. P241: Use explosion-proof electrical/ventilating/lighting/.../ equipment. P242: Use only non-sparking tools. P272: Contaminated work clothing should not be allowed out of the workplace. P280: Wear protective gloves/protective clothing/eye protection/face protection.			
<b>Section 3 Expanded Classification 1272 / 2008</b>	Organic Atlas Cedar – Aspiration Toxicant 1, Skin Sensitizer 1, Aquatic Chronic 2 Organic Green Spikenard – Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Acute 1, Aquatic Chronic 1, Flammable Liquid 3 Organic Balsam Fir – Aspiration Toxicant 1, Skin Irritant 2, Skin Sensitizer 1, Aquatic Acute 1, Aquatic Chronic 1, Flammable Liquid 3			
<b>Disclaimer:</b> The information contained herein is accurate to the best of our knowledge. Amrita Aromatherapy, Inc.® makes no warranty of any kind, express or implied, concerning the safe use of this material in your process or in combination with other substances.				
Revision Tracking				
Revision	Date	Reason	Author	Reviewed by
V1.0	7/5/2022	Creation	AG	SS